

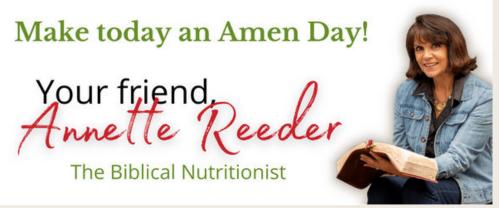
readmaking has played a key role in my health journey for many reasons. The nutritious benefits of milling wheat and baking fresh whole grain bread delights the body. It also delights the soul knowing that the purpose and design of the whole grain comes from the God that loves us so much to provide this wonderful bounty for us.

I love teaching and sharing the blessings of good health. I also love to help make the journey easier any way I can. So, I have done the research, tested the products in my own kitchen and now have compiled a list of all the tools and supplies one needs to become a wheat milling, fresh bread baking foodie like me and many others.

In this short guide there are photos and links. Those links will take you to the sites where the item can be purchased. Many are available on our websites, TheBiblicalNutritionist.com and DesignedHealthyLiving.com.

Just a note: Some items in this guide are available to purchase from sites we trust and have partnered with. Purchases from these sites may result in a 'thank you' benefit to the ministry.

Blessed Baking!



BREADMAKING TOOLS & EQUIPMENT



FOOD GRADE BUCKETS WITH GAMMA LIDS



MANUAL GRAIN MILL



SATISFIED: BAKING WITH WHOLE GRAIN GOODNESS) PRINT BOOK



TOP QUALITY ELECTRIC GRAIN MILL

BREADMAKING TOOLS & EQUIPMENT



BOSCH UNIVERSAL MIXER



THE BIBLICAL NUTRITIONIST BAKING TOOL SET



USA PAN 1LB LOAF PAN



WHOLE GRAINS

BREADMAKING TOOLS & EQUIPMENT



OXO GOOD GRIPS 3-PIECE ANGLED MEASURING CUP SET



ANCHOR HOCKING BATTER BOWL, 2 QUART GLASS MIXING BOWL



KIKCOIN BREAD PROOFING BASKET SET



TOTALLY BAMBOO BAKER'S BOARD



365 WFM UNBLEACHED PARCHMENT PAPER