

Local Farms, Co-Ops, and CSA's

Central City Co-Op

Sustainable food co-op, supporting local, organic growers, and makers. Seasonal produce, pastured meats, and more.

2515 Harvard Street, Houston TX | www.Centralcityco-op.com
☎ 713-360-6786 | ✉ Operations@centralcityco-op.com

Henry's Harvest

Direct-to-Community microgreen and local vegetable farm and market garden. Free delivery, no minimum, Houston area.

Fort Bend, Houston TX | www.Henrysharvest.farm
✉ Support@henrysharvest.farm

Natural Living Food Co-Op

Organic produce shares, bulk herbs, and Vegan Café.

N. Michigan Ave., League City TX | www.Shopnaturalliving.com
☎ 832-632-2937 | ✉ Sales@shopnaturalliving.com

Plant It Forward

Grows and harvests fresh and seasonal produce year-round.

Willowbend Blvd., Houston TX | www.Plantitforward.farm
☎ 832-478-1776 | ✉ Info@plantitforward.farm

Atkinson Farms, Spring TX

Pick your own fruit and vegetables.

3217 Spring Cypress Rd, Spring TX
[Facebook.com/Atkinson4thgeneration](https://www.facebook.com/Atkinson4thgeneration)
☎ (281) 353-3236 | ✉ Atkinsonfarms@yahoo.com

Froberg's Farm & Country Store

Pick your own strawberries and blackberries, plus a farm store with a huge variety of homegrown produce.

3601 West Hwy 6, Alvin TX | www.Frobergsfarm.com
☎ 281-585-3531 | ✉ Frobergsfarm@frobergsfarm.com

Family Farms

Pick your own fruits and vegetables, cabin/pavilion rentals, fishing, hayrides, and group discounts.

County Rd. Plantersville TX | www.Familyfarmtexas.com
☎ 936-894-2766 | ✉ Info@familyfarmtexas.com

To find many other Pick Your Own Farms visit:

pickyourown.org/TXhouston.htm

or check out this article:

secrethouston.com/strawberry-fruit-fields-houston/

Organic Grains, Baking Supply and more

Country Life, MI

Delivers organic grains, flours, and more to all states in the US

641 52nd St., Pullman MI | www.Countrylifefoods.com
☎ 269-236-5011 | ✉ Hello@countrylifefoods.com

Azure Standard, TX

Excellent grain supplier, organic, natural, and non-GMO; wheat flour, and a lot more.

Drop at: Jacinto City | www.Azurestandard.com
☎ 832-291-7636 | ✉ Nthepink.plexus@gmail.com
☎ 971-200-8350 | ✉ Info@azurestandard.com

The Bread Beckers, GA

Both an online store and a proper retail store in Georgia. Great online store for buying organic whole grains in bulk.

Bell Park Dr., Woodstock GA | Breadbeckers.com
☎ 770-516-5000 | ✉ Support@breadbeckers.com

Fredlyn Nut Co.

Online and storefront seller of bulk nuts, seeds, and more.

9350 Westpark Drive, Houston TX | www.Fredlyn.com
☎ 888-822-6887 | ✉ Sales@fredlyn.com

BAKED GOODS

Artisana Bread

Specializing in organic sourdough breads and French pastries. Available in farmers market and Online stores.

965 Pinemont Dr., Houston TX | www.Artisanabread.com
☎ 832-940-2129 | ✉ Artisanabreadtx@gmail.com

Magnol French Baking

Organic, handcrafted, French breads and baked goods

Bell Park Dr., Woodstock G | Magnolfrenchbaking.com
☎ 281-846-6661 | ✉ Otto@magnolhtx.com

Other Local Ingredients and Products

HONEY

Beeing Murray

Selling local raw honey, wildflower honey, and bee pollen.

Missouri City TX | www.Beeingmurray.com

☎ 806-471-0024 | ✉ Info@beeingmurray.com

BZ Honey

Online, farmer's market, storefront local honey, and more.

108 Commerce St., Tomball TX | www.BZHoney.com

☎ 281-826-3290 | ✉ Info@bzhoney.com

Hive Bee Farm

Online, farmer's market honey, and more.

Houston TX | www.Hivebeefarm.com

☎ 713-419-9323 | ✉ Contact@hivebeefarm.com

Walker Honey Farm

4th-generation beekeepers. Wide variety of local honey.

8060 E US Hwy 190, Rogers TX | Walkerhoneyfarm.com

☎ 254-983-2899 | ✉ Info@walkerhoneyfarm.com

DAIRY

Healthy Way Dairy

Certified grade A raw milk, Eggs, and Milk products.

Santa Fe TX | Facebook.com/healthyway.dairy

☎ 409-739-2389 | ✉ Cowsplus01@gmail.com

Major's Farm

Delivers to Pearland Bass Pro parking lot on Saturdays.

Lake Jackson TX | www.Majorsfarmtx.com

☎ 979-665-6524 | ✉ Majorsfarmtx@yahoo.com

Victoria's Natural Market & Farm

4th-generation beekeepers. Wide variety of local honey.

Tomball TX | www.Victoriasnaturalmarket.com

☎ 713-815-8513 | ✉ Info@victoriasnaturalmarket.com

To find other locations visit:

GetRawMilk.com

and search by city/state or zip code.

Local Livestock & Poultry Farms

Bastrop Cattle Co.

Wide variety of bulk, grass-fed beef, shipped free anywhere in Texas. Online-only business and does not have a storefront.

Bastrop TX | www.Bastropcattlecompany.com

☎ 512-537-6893 | ✉ Sales@BastropCattleCompany.com

Blessings Ranch

Grass-fed beef, pasture-raised chicken, eggs, and dairy.

Bauer Hockley Rd., Tomball TX | www.Blessingsranctx.com

☎ 832-957-7517 | ✉ Blessingsranctx@gmail.com

Bountiful Harvest Farms

7th generation ranchers: quality Houston/Texas beef cattle, grass-fed beef, and wholesale organic beef.

3090 Rd., Anderson TX | www.Bountifulharvest.net

☎ 281-924-6942 | ✉ Chery.langford@att.net

Cosgray Farms

Bulk Texas grass-fed beef shipped anywhere in the U.S. and directly to your door.

Highland Village, Houston TX | www.Cosgrayfarms.com

☎ 346-257-3257 | ✉ Joseph@cosgrayfarms.com

Law Ranch Cattle Company

Multigenerational livestock farmers of beef, chicken, pork, and sausages.

Crosby, TX | www.Lawranch.com

☎ Ray 713-492-4804 | ☎ Amy 713-492-4875

✉ Lawranch25@earthlink.net

Local Farmers Market and Groceries

RESTAURANTS

A Moveable Feast

Restaurant and health food store combo.
☎ (713) 365-0368 | Amoveablefeast.com

Dish Society

Serving brunch, snacks, main, supper, and kids' meals.
☎ (281) 333-4746 | www.Dishsociety.com

True Food Kitchen

Partnering with growers, ranchers, and producers, using organic ingredients, and olive/avocado oil cooking.
☎ 281-605-2505 | Truefoodkitchen.com

Vibrant

The menu is made in-house from scratch with nutritious, local, regenerative, and organic ingredients.
☎ (832) 409-6423 | Wearevibrant.com

Flower Child

Serve bowls, wraps, salads, mix-and-match, and more.
✉ Hello@sweetgreen.com | Order.iamflowerchild.com

Sweet Green

Building healthier communities by connecting people to real food. Affordable protein plates, bowls, and more.
✉ Hello@sweetgreen.com | www.Sweetgreen.com

LOCAL GROCERIES

Phoenicia Specialty Foods

Family-owned, gourmet international food market with foods like stuffed vegetarian and more.
Westheimer Rd., Houston TX | Phoeniciafoods.com
☎ (281) 558-8225 | ✉
Contactuse@phoeniciafoods.com

Ermas Nutrition Center

Natural Market supplies vitamins, supplements, premium organic foods, and local farm-fresh produce.
Nassau Bay TX | www.Ermasnutritioncenter.com
☎ (281) 333-4746 | ✉ Info@ermasnuritioncenter.com

Nourish Market

Wellness-focused products include local homegrown produce and pastured meats, healthful prepared foods, and a salad bar for quick lunches.
Houston TX | [Facebook.com/nourishmkt](https://www.facebook.com/nourishmkt)
☎ 713-677-0159 | ✉ Feedme@nourish-market.com

FARMERS MARKET

Eleanora's Market

Over 30 vendors come to sell high-quality produce, cheeses, meats, baked goods, art, textiles, flowers, and more.
2120 Ella Blvd, Houston TX | www.Eleanorasmarket.com
☎ (713) 869-6622 | ✉ Info@eleanorasmarket.com

Houston Farmers Market

Local, Mexican, and Central American fresh produce, meats, herbs, and spices.
Airline Dr., Houston TX | www.Thehoustonfarmersmarket.com
☎ 713-862-8866 | ✉ Info@thehoustonfarmersmarket.com

Kingwood Farmer's Market

Grass-fed beef and chicken, fresh produce, local honey, yard-raised eggs, homemade salsa, pickles and jellies, and more.
Kingwood TX | www.Kwdfarmersmarket.com
☎ 346-600-3830 | ✉ Cheryl@kwdfarmersmarket.com

Market Square Park Farmers Market

The new open-air farmers market has partnered with Central City Co-Op, the city's oldest organic, sustainable food co-op.
301 Milam St, Houston TX | www.Marketsquarepark.com
☎ 713-650-3022 | ✉ Vendors@marketsquarefarmersmarket.com

Rice Village Farmers Market

Open-air market with sustainably sourced produce, chef-made plates, and small batch-herbal teas.
Kelvin Dr. & Amherst St, Houston TX | www.Rice-village.com
☎ 713-302-8918 | ✉ Ricevillagefarmersmarket@gmail.com

The Woodlands Farmers Market

Local vendors showcasing produce at Grogan Mill Center.
The Woodlands TX | www.Groganmill.org/fmabout
✉ Farmersmarket@gmva.org

Urban Harvest Farmers Market

One of Texas' largest farmers markets with over 100 local Houston vendors of fresh, local produce, and food vendors.
1911 W. 34th St., Houston TX | Urbanharvest.org
☎ 713.880.5540 | ✉ Info@urbanharvest.org

The following **grocery store chains**, all supply a good selection of organic foods:

