



How To Prevent & Reverse Disease

By Annette Reeder BSN



Walk in TRUTH: Truth is all-encompassing; no place or experience exempted from its presence.

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SPIRITUAL: Today is going to be an AMEN day. I heartily agree with what God brings my way.

3 STEPS TO HEAL THE SPIRITUAL

1. Declare Jesus Christ Lord of your life
2. Declare daily AMEN! Let the Lord go before you.
3. Seek the Lord for forgiveness and ask the Lord who you need to forgive.

PHYSICAL

3 Basic Areas of the Body that Initiate Abundant Life PLUS 3 Principles that change every cell in the body for healing.
Three Basic areas of the body to healing to begin.

Heart

Mind

Gut


Foods that heal the heart:

Foods that heal the mind (brain):

Foods that heal the gut:

3 PRINCIPLES

1. Eat the food God called GOOD, for us.
2. Eat the foods as close to His design, before being altered beyond our benefit.
3. Don't let any food become your god.



3 Steps to Heal the Physical

1. Make every meal an act of stewardship
2. Eat as close to God's design
3. Go *walking and leaping and praising* God!

Learn more:

- ✓ TheBiblicalNutritionist.com
- ✓ BiblicalNutritionAcademy.com
- ✓ Become a **Biblical Wellness Ambassador** and Biblical Wellness Coach: BiblicalWellnessMinistry.com
- ✓ **Join the Inner Circle** for coaching to conquer: Health, Meal Planning, Mindset and Prayer
- ✓ **Start a Bible Study** in your church: Treasures of Healthy Living Bible Study.

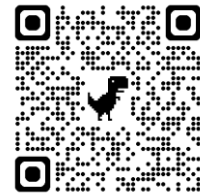
Find All Conference Specials here:

<https://thebiblicalthnutritionist.com/conference-specials/>

Books:

Treasures of Healthy Living Nutrition Manual, By Annette Reeder
Treasures of Healthy Living Bible Study, Annette Reeder
Treasures of Health Nutrition Manual, Annette Reeder
Hunger Satisfied Journal
Seven Foods of the Promised Land

YouTube: The Biblical Nutritionist



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